Principal’s message

It is difficult to believe that we are only a couple of weeks away from Easter and the end of Term 1. It has certainly been a very busy and memorable term with lots of fabulous events and activities. I continue to be impressed by the quality of the students at Applecross SHS and believe that the vast majority have settled into a very positive and productive work routine. Parents will be able to meet their child’s teachers and discuss their individual progress and areas of strength and challenge during the Report Days on 24 and 30 March.

All the research confirms the benefit to students of a good three-way partnership between teachers, parents and students.

The first Applecross SHS Business Plan 2012-15 officially concludes at the end of this term and will be replaced by a new Business Plan (April 2015-April 2018). Business Plans are an important feature of Independent Public Schools as is the need for the school to have excellent processes of Self Review and to be Improvement Focussed. An extensive review has occurred of school processes, procedures and relative student achievement over the past seven or eight months. We have identified areas of relative strength and challenges. The information collected as part of the review process has been the basis for school improvement planning in the new Business Plan, which is currently being worked on. The Business Plan will be shared with members of the school community once it has been discussed with and reviewed by the School Board (early May).

Student Achievement Targets are an important component of the Business Plan as they establish the standard of student achievement that we expect over the next three years. While targets can be set, in order to improve it is important that good processes are established and that effective strategies or programs are resourced and implemented.

Annual student, staff and parent surveys are an important means of determining general satisfaction with aspects of the school and getting comparisons with other schools (for the National Survey component of the instrument). Focus groups of staff, students and parents have been used to "workshop" areas of the survey which scored relatively poorly or where there was a significant variation in opinions between the different groups. The survey results and an analysis will be included in the Annual Report which will be made available on the school website by early Term 2.

Congratulations to Phil Marshall on being selected to the position of Board Chair and to new members Sharon Declerk (Parent rep); Kerina Puttman (Community rep); Tina Waddell and Toby Smith (Student reps). Information and profiles on all board members will be distributed soon via the website.

Parent Interview Advice

The number of students taught by each teacher means that conducting interviews with parents is an enormous challenge. Teachers can have up to 150 parents wishing to see them over the course of the two afternoons. This means that the actual interview time has to be restricted to intervals of only seven minutes.

The goal of the parent interview is for parents and teachers to make contact and open a line of communication. It is not possible to have an in depth discussion about a student with the time available. During this time teachers will generally try to address the three most common questions that parents have:

• How is my child going (attitude, behaviour, performance)?
• How is my child going compared to others in the class/whole group?
• What can he/she do to improve?

If parents have a specific question or issue it would be good to raise this at the start of the interview, as this may save time. Any issues identified during these brief interviews can be followed up with teachers in more detail via email, phone or in person at another time. It is very important that everyone sticks to the interview times as even an extra minute taken by one parent is at the expense of another parent’s allocated time.

Paul Leech, Principal
It has come to our attention that several parents in our community did not receive adequate information regarding the recent and upcoming Parent Teacher Parent nights. We are writing this letter to explain the intentions of Applecross SHS in getting the information required for all parents in our community and some of the issues we have discovered in the process, and to apologise for any concern or stress caused by these issues.

For several years we have used an online platform commonly used by schools, Parent Teacher Online (PTO). We have found this reliable, supportive and relatively simple for parents to use, especially the more we use it and parents become familiar. Using this system, requires us to communicate the process to parents, enter all data of staff, students, classes and parents, open it up for parent access for a specified time, and then print off appointment times for staff so they are able to prepare and know who they have coming on the day. It has become apparent that many email addresses that families use have not delivered the emails sent to them by the school on Monday 16 March about the process.

We had anticipated some of the issues regarding normal changes in parental email addresses and in response to this sent a hard copy slip home with all students in the week prior to Tuesday 3 March with the following wording:

**Dear Parent**

_Please note we are trying to reconcile all email addresses in our system in order to ensure you receive important information about our Parent Teacher Information Nights coming up, and all information which is now electronically distributed by the school._

If you have received emails in 2015 about our Bulletin, or other whole school information, your email address is CORRECT and we DO NOT need you to respond to this request.

If you have not received anything by email from Applecross SHS in 2015, AND you have checked your Spam/Junk folders (this sometimes occurs until your provider recognises our address) please complete the following and return to the box at Front Reception by Tuesday 3 March.

(Details below)

We were able to rectify several incorrect or changed email addresses in our system this way. It might be prudent if you did not get the opportunity to respond to this school communication to ask your child why it was not returned to you. We are raising the importance of this at our student assemblies.

However, it appears that continuing issues have been found with parents receiving emails at home. Upon investigation this tends to occur with Hotmail addresses more frequently than others, and there is work being done at a Central Office level to address the issue. Many emails are sent to your Spam/Junk folders so it is also important to check here regularly or accept these as legitimate emails for your provider.

Unfortunately on Tuesday 24 March, our first Parent Teacher interview night, after working to allow parents who had not received our email access to the PTO site, the site crashed nationally. This was not good timing for us as a school and we apologise on behalf of PTO who have wholeheartedly taken responsibility for their server issue. This has now been rectified, and all data sitting in the PTO system (for instance for our Monday 30 March bookings) has been saved. The situation meant that some of our teachers did not have access to the bookings they had made or had made for them. Whilst on the whole this did not affect the vast majority of parent interviews, there were a few shrouded in confusion or teachers who were not aware they had been asked for an interview on that particular night.

Again we apologise for this unavoidable hiccup. PTO have been an extremely reliable platform for us to use in the past, however we wills till review our use of this service for 2016.

To find solutions and improve our communication to you, we would like to send a test email, year group by year group on **Tuesday 31 March**, to gather some data about whether intended communication is getting through.

We ask that **ALL** parents please look out for this test email by 12 noon and email us by Wednesday morning (1 April) if it **DOES NOT** receive you.

Again, we hope to continue to communicate effectively with you as parents, and employ technology as a powerful tool to do so. In the most recent Opinion surveys of 2014, 89% of parents responded that they agreed or strongly agreed that the school does communicate effectively and we are proud of this achievement. By asking parents to join us in this ‘exercise’ on Tuesday, we hope to refine our information practices further and become even more reliable in Term Two.

If you would like to give me feedback about the process, please email me on emma.walker@education.wa.edu.au

On another note, it would be helpful for parents to have a discussion with their children regarding behaviour on the buses and at depots. Please find below some feedback from Chris Smyth, Senior Transit Officer with the Public Transport Authority of WA regarding the use of the Bull Creek station that he emailed us recently. Again these comments probably reflect a minority of students, and not all from Applecross SHS but it is all in the spirit of learning that students learn to manage themselves in public and think ahead when in crowds.

**“In the a.m. peak, some students will congregate all over the path, in the vicinity of Bus Stand 1, 2 & 3 forcing the adult patrons coming from the car park to walk onto the bus interchange to get around them. At times they do not respond to the directions of the Officer.**

In the afternoon peak, BUSES set down on the North/Western aspect of the Bus Interchange, and students immediately cross the interchange between buses towards the Station foyer. There is a designated Cross walk on the bus Interchange area, and they need to use this, as there have been some near misses. Primary School students also utilise our transport network, the High School students need to lead by example.

In the afternoon peaks, the students congregate immediately outside the foyer or in the foyer, blocking progress of passengers exiting the Station. Students are asked to move on and not socialise in these places.

Upon entering the station and attending the platforms, students are asked to spread out along the length of the train and board at all points so they are not creating a bottleneck and pack the doors in the centre of the train.

On another note, it is my sadness to be leaving my acting chair of Deputy Principal at the end of Term 1 and my pleasure to head back into my Head of Student Services role for Term 2, as Myles Draper will be returning in his Deputy Principal position. I have enjoyed working with you all and getting to meet many of you in the Lower school focussed role, and hopefully, you have felt heard and appreciated by me, as a parent. Heading the Upper School for the rest of the Year will be an interesting and challenging new role but I welcome.

Have a safe and relaxing break for Easter and we will see your children bright and fresh faced back at school on Tuesday 21 April.
The “Have Sum Fun Mathematics Competition” for Year 11 and 12 students took place on 13 March at Trinity College. Students were very keen to participate in this quiz night style of competition where students had to work as a group on some challenging problems, solving questions over four rounds of eight questions per round. Three Year 11 and three Year 12 students were on each team. These students gave up three lunch breaks to practice and perfect their strategies. After some hard fought rounds our teams achieved some great results considering there were 37 teams competing.

Year 11 and 12 result was a magnificent 4th and 20th place.

<table>
<thead>
<tr>
<th>TEAM 1</th>
<th>TEAM 2</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gabriel Teo</td>
<td>Nero Tang</td>
<td>12</td>
</tr>
<tr>
<td>Yasaman Mishani</td>
<td>Bill Wang</td>
<td>12</td>
</tr>
<tr>
<td>Jeyashivraj Parthiban</td>
<td>Lena Fu</td>
<td>12</td>
</tr>
<tr>
<td>Jia Ho Pow</td>
<td>Dmitry Kozlov</td>
<td>11</td>
</tr>
<tr>
<td>Adrian Shedley</td>
<td>Alexander Tomson</td>
<td>11</td>
</tr>
<tr>
<td>Dominic McKinnon</td>
<td>Sammy Lee</td>
<td>11</td>
</tr>
<tr>
<td>Woo-Kyoung Kim</td>
<td></td>
<td>11</td>
</tr>
</tbody>
</table>

Left to Right: Yasaman Mishani, Gabriel Teo, Jeyashivraj Parthiban, Dominic McKinnon, Jia Ho Pow, Adrian Shedley
UWA : Exploring Engineering excursion

On March 11 2015 eight Year 12 Mathematics Specialist students attended an Engineering excursion at UWA. The event was run by University students from the different Engineering Departments and students from 40 schools attended. The day was comprised of a number of challenges and presentations.

Students engaged in a range of activities relating to the Engineering disciplines of: Civil, Chemical, Mechanical, Mining, Electrical, Environmental and Software Engineering. Activities included: wiring electrical circuit, making motors, writing basic computer codes for gaming software, wiring underground explosives and examining cost and efficiency of structures. The students were also shown the various models used to simulate real life circumstances as well as learning about current issues facing modern engineers. The day was thoroughly enjoyed by all students, as it provided an insight into the importance of engineers within society. The various activities were completed in groups, signifying the importance of teamwork and strong communication skills. Each area of engineering required a strong sense of innovation as well as high degree of accuracy. The day was a huge success thanks to the organisational efforts of the University students who took the time to make the day possible.

Thank you to Ms Davis for supporting the Year 12 students on the day.
Murdoch University / Applecross Academic Partnership

Youkoso / Welcome!

Murdoch University and Applecross SHS are working towards entering a formal alliance to develop co-operation in learning enrichment, teaching and research.

The agreement is to be an umbrella for a wide variety of activities that include:

- Annual Work experience program at Murdoch University for Year 10 students
- Special Science mentorships for students competing in competitions
- Unique “master classes” by Murdoch academics for Year 11 and 12 students
- Professional Development for teachers which supports the school’s strategic objectives
- Academic Extension classes
- Access to accelerated learning
- Peer Mentoring with current Murdoch Students
- Sports Programs - school students participate in training with staff, students and volunteers from Murdoch University’s sporting clubs
- Uni Taster programs
- Access to Murdoch venues
- Provide opportunities for research and practicum for Murdoch students

Sussette Rose, Head of the Languages Department was the first Manager to take advantage of this new opportunity. Susette liaised with the Murdoch representative who recruited four Japanese students who are currently studying in English at Murdoch University, to peer mentor Year 11 and 12 students at Applecross SHS.

Susette is thrilled with the outcome, as we now have two students (Sumika Koyama & Ayumi Kamei) who will be assisting in a Year 12 class on Fridays Period 5, and two students (Tomoka Kurose & Jing An) who will be assisting in a Year 11 class on Tuesdays Period 5.

Students will be able to practice conversing in Japanese with our visitors and compare Japanese and Australian lifestyles. As you can see from the photograph above, the students are very much enjoying this new classroom activity.

If you have any queries or would like more information about the Murdoch/Applecross alliance, please contact Julie.reed1@education.wa.edu.au

Language Learning and Literacy Skills

Students learn a wide range of literacy skills in their French or Japanese class. Students develop skills in listening and responding and speaking; reading and responding; and writing. They develop an understanding of many aspects of French and Japanese culture and history. They learn to recognise grammatical patterns and rules. They learn to use a range of strategies to understand the language, such as memorising vocabulary, substituting words and phrases, and predicting meaning according to context or surrounding words.

Research shows that through learning another language students gain a huge range of skills which can be transferred to all of their other subjects. They also learn to work collaboratively and independently. Please encourage your child to enjoy, and do his or her best in French or Japanese as all students can benefit from their language studies.

Sussette Rose, Head of Languages Learning Area
It was a festive day at Applecross SHS on Friday 27 February. Year 7 and 8 students participated in the House Swimming Carnival, along with a number of competitors from Year 9, to try out for the Interschool Carnival in mid March. Upper school students competed the previous day for a place in the school team. Congratulations to the following students for receiving Champion and Runner up for their year group.

### Champion

- **Year 7 Girls**  
  Abby Clark

- **Year 7 Boys**  
  Luke Miller

- **Year 8 Girls**  
  Tamara Grec

- **Year 8 Boys**  
  Isaac Ho

- **Year 9 Girls**  
  Kazia Ženke

- **Year 9 Boys**  
  Ryan Doody

- **Year 10 Girls**  
  Talei Miller

- **Year 10 Boys**  
  Fin Schaper

- **Year 11 Girls**  
  Fabiola Whyte

- **Year 11 Boys**  
  Todd Nosworthy

- **Year 12 Girls**  
  Shannon Doody

- **Year 12 Boys**  
  Oliver Stenning

### Runner Up

- **Year 7 Girls**  
  Jessica Ellul

- **Year 7 Boys**  
  True Sime

- **Year 8 Girls**  
  Bella Dans

- **Year 8 Boys**  
  Max Ohashi Uchino

- **Year 9 Girls**  
  Hannah Burkhill

- **Year 9 Boys**  
  Jacob Davidson

- **Year 10 Girls**  
  Ciara Mischok

- **Year 10 Boys**  
  Ethan Davis

- **Year 11 Girls**  
  Rachel Parson

- **Year 11 Boys**  
  Leon Kroebner

- **Year 12 Girls**  
  Holly Hughes

- **Year 12 Boys**  
  Jasper Foo

The overall winner of the House Competition was Amity with 3830 points. The other Houses fought it out for the minor placings, with Challenger in second place, Success, third and Investigator in fourth place. Congratulations to both students who participated throughout the day and the teachers that made the carnival possible.

#### Championship Schools Swimming Carnival “A” Division

On Friday 13 March the Applecross Swim Team headed to the HBF Stadium to compete in the Championship Schools Swim Competition. It was a great team effort by all students to finish 6th overall and maintain our position in “A” Division. The team had some great performances with all competitors putting in an excellent effort. Applecross SHS also had some great individual performances in the individual Champions (Top 3)

- **Year 7 Girls**  
  Abby Clark Run up

- **Year 8 Girls**  
  Tamara Grec 3rd Place

- **Year 10 Girls**  
  Finlay Schaper 3rd Place

- **Year 11 Girls**  
  Fabiola Whyte Champion

- **Year 12 Girls**  
  Shannon Doody 3rd Place

- **Year 12 Boys**  
  Riley Watts 3rd Place

Congratulations to all competitors for their effort and their excellent behaviour throughout the day. A big thank you to the upper school students who participated during their hectic schedule.

Phil Samanek, Health and Physical Education Department

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REMINDER:  
School Development Day on Monday 20th April 2015

APPLECROSS SENIOR HIGH SCHOOL  
Links Road, Ardross, Western Australia  6153  
T: 08 9314 9393   F: 08 9364 1832  
Website: www.applecross.wa.edu.au  
Email: axshs.email@education.wa.edu.au
Upper School Badminton Tournament

On Friday 13 March, a team of 20 Upper School Badminton players ventured north of the river to the Kingsway Indoor Stadium, to compete in the annual Badminton WA tournament. Five boys and five girls pairs competed against other government and non-government schools in a round robin format. All pairs competed extremely well throughout the day and are to be commended on the excellent way they conducted themselves and represented Applecross SHS.

Our number one ranked girls pair of Yee Hui Kim and Min Wong won all of their pool games bar one, narrowly missing out on a place in the finals by just one point. Well done girls for a solid performance throughout the whole tournament.

The boys pairs fared a little better, with both our number one ranked pair (Edward Fan [Year 11] and Noel Lam [Year 11]) and number two ranked pair Derek Voon [Year 12] and Jensen Yew [Year 12] winning their pools and moving into the finals playoff. Both teams played some very good badminton against some outstanding opposition, with Edward and Noel ending the tournament in 2nd place overall. Special mention goes to Derek Voon for some stunning aerial returns, and to Edward Fan for wowing the crowd during the finals with a skillful “between the legs” return.

Congratulations to the entire 2015 Upper School Applecross Badminton team on the exceptional way they conducted themselves and the high standard of badminton played throughout the competition. An excellent day of ‘Baddy’.

The 2015 Badminton team:

<table>
<thead>
<tr>
<th>Girls</th>
<th>Boys</th>
</tr>
</thead>
<tbody>
<tr>
<td>Min Wong</td>
<td>Edward Fan</td>
</tr>
<tr>
<td>Yee Hui Kim</td>
<td>Noel Lam</td>
</tr>
<tr>
<td>Andrette Chua</td>
<td>Derek Voon</td>
</tr>
<tr>
<td>Marsha Indrawan</td>
<td>Jensen Yew</td>
</tr>
<tr>
<td>Josephine Liantono</td>
<td>Andy Chien</td>
</tr>
<tr>
<td>Kamakshi Khetia</td>
<td>Jimmy Lee</td>
</tr>
<tr>
<td>Raissa D’cunha</td>
<td>Ben Camer-Pesci</td>
</tr>
<tr>
<td>Laura Radicevic</td>
<td>Alvin Tjo</td>
</tr>
<tr>
<td>Rachel Boon</td>
<td>Sam Bray</td>
</tr>
<tr>
<td>Alyssa Chow</td>
<td>Tony Guo</td>
</tr>
</tbody>
</table>

Mrs Cathy Lyon, Health & Physical Education teacher

REMINDER: School Development Day on Monday 20th April 2015
special tennis

WA Champion Schools - Slazenger and Herbert Edwards Cups

The Slazenger Cup

This term Applecross SHS participated in one of the oldest tennis tournaments in Western Australia, the Slazenger Cup. This tournament is the Western Australia Champion schools tennis event for Year 10, 11 and 12 students. Applecross teams competed extremely well for the duration of the tournament, taking out both the boys and girls events. In perhaps the match of the tournament, the Applecross A girls' team of Gurkawal Bajaj [Yr 11], Tsige Lacey [Yr 9], Madelaine Muller-Hughes [Yr 10] and Olivia Mann [Yr 10] defeated defending champions Penrhos College 4-0 in the final. Following up from that impressive effort were the boys, who got two teams through to the final. In an entertaining match, Applecross A defeated Applecross B 4-1.

The Herbert Edwards Cup

Applecross SHS recently participated in the WA Champion schools tennis event for Year 7, 8 and 9 students, known as the Herbert Edwards Cup. We entered a large number of teams in both the boy's and girl's events and all teams played fantastic tennis throughout the tournament. There were a large number of both public and private schools entered and Applecross dominated the event in both girls and boys divisions.

In the girl’s tournament, Applecross finished first, second, third and fourth. The Applecross A team of Hayley Burton [Year 9], Skye Royall [Year 7], Hayley O’Donnell [Year 9], Luna Jokanovic [Year 8] and Paris Popovic [Year 9] defeated the Applecross B team of Jaime Edwards [Year 8], Xinyi Zheng [Year 7], Casey Tay [Year 7] and Samantha Yeats [Year 8], 4-1 in an entertaining final.

In the boys’ tournament, the Applecross A team of Nikola Losic [Year 9], Oscar Giorgio [Year 8], Reuben Giorgio [Year 8] and Siddhart Mathankar [Year 9] defeated John Forrest A 4-0 in the final. Applecross teams also finished in positions three and four.
**special tennis cont...**

**WA School Champions - The Mursell Shield**

**The Mursell Shield**

Applecross SHS also competed in the Mursell Shield in 2015, which is the WA champion schools division two event.

We were victorious in both the boys and girls events, with the Applecross D team of Jovana Cvijanovic [Year 12], Melika Soltermann [Year 10], Tasha How Tow [Year 12] and Laura Radicevic [Year 12] defeating Presbyterian Ladies College 4-1 in the final of the girl's event.

In the boys’ event the Applecross D team of Made Raditya [Year 11], Ethan Davis [Year 10], Lachlan Munday [Year 10] and Tex Bunce [Year 11] defeated Perth Modern 4-0 in a great final.

2015 marked only the second time in the champion schools tennis event that a school had completed a clean sweep of all events (the other time being Applecross SHS in 2012). This is a great achievement for all students involved. Congratulations!

**Ex-Specialist Tennis student ranked number 1 in USA**

2011 Specialist Tennis graduate Rhys Johnson, who is on a tennis scholarship to prestigious Vanderbilt University in the United States, has recently gained the number one doubles ranking in the NCAA Division 1 College Tennis standings.

This is an outstanding achievement and Rhys joins tennis legends such as John McEnroe and the Bryan brothers in obtaining this elite ranking. The Applecross SHS Specialist tennis program currently has five alumni competing in the NCAA Division 1 College Tennis competition - which is seen as a stepping stone to the professional tennis tour.

2014 Special Tennis graduate Pierre Enjolras will be joining them as he has just accepted an offer to play for Southwest Baptist University in Missouri. Pierre will travel to the USA in August to begin his four year scholarship.
vocational education & training

Career Expo on Parent Teacher day

Applecross Senior High School VET Career Expo

Date: Monday 30 March 2015
Time: 1.00pm - 5.00pm

To coincide with the Parent Report Evening the VET and Career Department are hosting an expo which is focused on students who are interested in alternative pathways to university or vocational (TAFE) qualifications. Please keep in mind the Year 10 Career Counseling will take place in Term 2, so the expo will be a good opportunity to explore other options available for Year 11 and 12.

Vocational Education students (ie Flexi) study for their WACE Certificate at school (Monday - Wednesday) while attending TAFE and doing work experience on Thursdays and Fridays. Many Applecross students choose to attend courses at external providers because it allows them to specialise early and move quickly into vocational work or training after completing school. The majority of students who completed various pre-apprenticeships and traineeships last year have walked straight out of school into full time apprenticeships or employment.

Currently we have several (non-ATAR) Year 11 and 12 students undertaking traineeships at various branches of City Beach, YMCA, Department of Premier and Cabinet, Department of Children's Services, Department of Aboriginal Affairs, Activ Foundation, Top Deck Carpentry and Great Beginnings Child Care Centre.

So far we have confirmed attendance of representatives from several private registered training organisations, universities and TAFE colleges.

We look forward to seeing you there.

**Monday 30 March 2015**

**1.00pm - 5:00pm**

‘Bridge’ - Level 1, South Block in between the East/West Wings

Vanessa Buemi, VET Coordinator and Julie Reed, Work Place Learning Coordinator
A visit from Reigan Derry

We were very lucky to have Reigan Derry, from 2014 X Factor, visit the school at recess recently. She sang her single “All of the Pieces” as well as “Hallelujah” for the students. Some students had a meet and greet before Reigan left to catch her flight to Sydney.

Thank you to Emma Walker (Deputy Principal), Gail Michael (Reigan’s Mum) and Jessica Derry for pulling this together this extra special activity.

Gail Michael, Home Economics Teacher
Year 8 River Cruise

One hundred and fifty excitable Year 8 students took to the Swan River aboard the “Captain Cook” on Thursday 19 March for their first high school social event, accompanied by nine staff members. Amid much noise, we managed to get them all on board in time for our 6.30pm departure from Mend Street Jetty in South Perth.

Once on board the students were soon strutting their stuff on the dance floor. Prizes were handed out to some of the best dancers on the night. Moonwalkers attempted to be the best, and a “worm” was seen as well.

To their delight students on the bow of the boat saw a dolphin as we made our way down the river towards Fremantle. On the return journey fireworks from the South Perth Fiesta brightened the night sky.

When we reached Fremantle, a short stop was made to take on board 47 pizzas to feed the hungry teenagers! The students lined up in an orderly fashion to get their slices. Some came back for second and thirds!

The students had a great night and many sweaty bodies left the boat safely into the arms of their waiting parents at 9.30pm.

Jan Michell, Yr 7 & 8 Year Co-ordinator

Year 7 and 8 Student Council Elections

Year 7 and 8 students voted in their Care Groups last Friday to elect their representatives on their year group Student Council. The students were presented with their badges at assemblies this week.

The successful candidates are:

**Year 7**

| A1 | Liam CARPENTER  
| A2 | Teyah DUTHIE  
| C1 | Skye EWINGTON  
| C2 | Isha KETARUTH  
| I1 | Olivia KIRK  
| I2 | Riley BIRD  
| S1 | Selena TAN  
| S2 | Cameron WEBB  

**Year 8**

| A1 | Ethan BERGERSEN  
| A2 | Perry CASWELL  
| C1 | Mikayla GROSSE  
| C2 | Yee Hern KIM  
| I1 | Elysse SMITH  
| I2 | Raymond NGUYEN  
| S1 | Ella VU  
| S2 | Isaac HO  

As we now have a representative of each Care Group, the Councillors will have greater opportunities to speak with their fellow students on issues of importance to them. This is a two-way communication channel, where they will also be a source of information to their Care Group.
Contents

• Principal's message
• Have Sum Fun Maths Competition 2015
• UWA : Exploring Engineering excursion
• Murdoch University / Applecross Academic Partnership
• Language Learning and Literacy Skills
• House Swimming Carnival 2015
• Upper School Badminton Tournament
• WA Champion Schools - Slazenger and Herbert Edwards Cups
• WA School Champions - The Mursell Shield
• Career Expo on Parent Teacher day
• A visit from Reigan Derry
• Year 8 River Cruise
• Year 7 and 8 Student Council Elections
• News from the Languages Learning Area
• Year 10 River Cruise
• Peer Tutoring – Back to attack!
• Uniform Shop - Trading Hours
• News from the Nurse
• Late to School Process
• Uniforms
• Entertainment Book Fundraiser - Music Support Group
• Volunteers Needed to Help Build Exciting Project and Partnership
• Term Dates
• School Development Days
• Parent Events
• Student Events

student services

News from the Languages Learning Area
Starting Week 7 of Term 1, there will be French Club in C101 at Monday lunch times. All students, not just students of French, are welcome to come and participate in the fun and games. Audric Leroy, our resident French Assistant for 2015, would love to indulge Applecross students in some of the finer points that French culture has to offer.

Mr Hamish Pope, Year 9 - 10 Co-ordinator

Year 10 River Cruise
Don't forget that the premier social event of the Year 10 calendar is just around the corner. The illustrious night of nights will take place on Tuesday May 12 (Week 4 Term 2) on the Mighty Swan. Be sure to get your money in via the Qkr App or to pay in person at the Finance Office.

More information will be sent out via Care Group and put up on the Year 10 cohort page.

Hamish Pope, Year 9-10 Program Coordinator

Peer Tutoring – Back to attack!
After much success from Term 4 last year and eager requests from Lower School students, Peer tutoring has returned to Applecross. Students from Years 10 and 11 are graciously offering their services to students from Year 7 and 9 to get some friendly, extra assistance from experienced Senior School students.

Lower School Students who would like to attend are invited Monday and Thursday after school from 3pm to 4pm in the Applecross Library. Students need to bring their class work, homework assignments or revision they want assistance in English, Maths, Science, HASS (society and environment) or French. This service is completely free of charge and is a first come, first serve basis. We look forward to giving you support at school.

Hamish Pope, Year 9-10 Program Coordinator

Uniform Shop - Trading Hours
Please note the Uniform Shop at 1/9 Yampi Way, Willetton will be closed from Friday 3rd April till Monday 13th April 2015.

Winter stock is now available for purchase
Monday – Friday 9.00am – 5.00pm (6pm Thursday)
Saturday 9.00am – 1.00pm

APPLECROSS SENIOR HIGH SCHOOL
Links Road, Ardross, Western Australia  6153
T: 08 9314 9393   F: 08 9364 1832
Website: www.applecross.wa.edu.au
Email: axshs.email@education.wa.edu.au
News from the Nurse

The end of Term 1 is quickly approaching and it has been a busy and enjoyable one for me. The Year 7 & 8s are settling in well and adjusting to high school life.

I would like to take this opportunity to wish all students and their families a Happy Easter and a safe, happy and relaxing holiday. See you in Term 2.

MEDICAL CONDITIONS

If your child has a medical condition, for example asthma, anaphylaxis, diabetes or epilepsy please contact me for an Action Plan so that I can manage your child’s medical condition appropriately whilst they are at school.

I have sent out ASCIA Anaphylaxis Action Plans to all students known to have anaphylaxis last week. If you have already filled out an action plan for this year and sent it in to me please keep the action plan for next year as these action plans need to be done yearly. Parents/guardians if you have not updated your child’s anaphylaxis action plan for this year can you please do this and send it back to me ASAP.

YEAR 8 SCHOOL BASED IMMUNISATION PROGRAM

Protect your teen for a lifetime. Give your consent for the year 8 vaccines

The Department of Health is offering parents of students in Year 8 an opportunity to have their child vaccinated.

Immunising protects against infectious diseases, including human papillomavirus (HPV), which can cause cancer in males and females.

Step 1: Forms were given to all Year 8 students at the commencement of the term
Step 2 Sign and return the form to Student Services.
Step 3: A community nurse will administer the vaccines at school in Term 2

healthywa.wa.gov.au/immunisation

Deb Kitak, Community Health Nurse

Late to School Process

At Applecross we value education and part of this is to ensure that your child arrives at school in time to get to classes. Warning bell goes at 8.20am with classes commencing at 8.25am. If your child has a note for their lateness then they need to bring it with them to Student Services when they sign in. If for some reason you are unable to provide them with a note, then we will accept a voicemail left on the school number 9314 9393 if made by 1pm. If we do not hear from you in this time frame, your child will be expected to complete a lunchtime detention the same day.

Uniforms

As per our uniform policy, if a student arrives to school not wearing correct school uniform, we will exchange the necessary items with the proviso that the student returns at the end of the same day to exchange the item back. We have some items of clothing that still have not been collected, despite parent contact. If we do not receive the outstanding items of school clothing, then we will have no option but to bill parents for the items not returned.

Jenny Casserly, Program Manager Year 7 - 9
Entertainment Book Fundraiser - Music Support Group

Applecross Senior High School Music Support Group is selling the 2015/16 Entertainment Book again this year. Should you wish to support the Applecross Music Support Group - please use the link below.

Lisa Harbron, Fundraising Co-ordinator for the Applecross SHS Music Support Group

Entertainment Books -

Volunteers Needed to Help Build Exciting Project and Partnership

Are you interested in media and technology? Do you want to help get an exciting partnership off the ground at Applecross Senior High School?

We are looking for parents or other interested members of the school community to help us develop a media and technology focused learning program at the school. If you have any expertise, or even a strong interest, in this area, or your son or daughter is looking to expand their knowledge in this field, then we would like you to contact us to help us shape a plan to grow media and technology studies at the school. We are currently in talks with Murdoch University to establish a strong partnership with the school focused around media, but we need your assistance.

Call or email the following if this sounds like you:

Hayley Myors - hayley.myors@education.wa.edu.au 0431 737 064
Matthew Docherty – matt.docherty@education.wa.edu.au 0439 971 933
Mindfulness for teenagers

This course is for teenagers who want to explore who they are and how they are dealing with the world. We start from the proposition that you are already okay! You can’t fail.

Being a teenager can be hard work as well as good fun. It can be easy to swing between the good times and times when everyone else in the world seems to be having fun but you. In this course teenagers find out how to be okay with themselves and find some helpful strategies for navigating the stormy waters of adolescence and young adulthood.

The workshop encourages a parent to attend with the teenager in the morning. This enables the parent to get an understanding of the Mindfulness approach and builds a shared language.

WHERE: Southcare Hall, cnr Bickley Cres and Pether Rd, Manning
DATE: Saturday, 18 April 2015
TIME: 9:30 am – 4 pm
COST: $90 per teenager, $50 per adult (9:30 am – 12:30 pm)
Concession price available ($65 per teenager, $35 per adult)
INCLUDED: Morning tea, light lunch, all equipment and materials, a good time!

Mindfulness is both a set of strategies/daily practices and a different way of looking at life. Teenagers will be given practical tools that help them in everyday life and support them to develop approaches that feel right for them and for others. They will:

- enhance their emotional intelligence and self-regulation
- understand aspects of the teenage brain
- learn how to relax, stay calm and to deal with pressures and stressors better
- increase their resilience
- build their concentration, focus and avoid getting distracted
- learn to respond effectively rather than get upset, angry or nervous
- communicate successfully their own needs and balance the needs of others

The course involves mindfulness body-based practices as well as working with thoughts and emotions.

So much is changing in a teenager’s life: the body; relationships; expectations; increasing school pressure; changing world views; increasing freedom and desire to explore. The excitement of an adult life and the safety of childhood can both be attractive. Let’s explore this together.

This course has been developed as a result of requests from parents of teenagers.

About the facilitator: Kathryn Choules (Ph.D.) is an experienced Mindfulness teacher, one of a handful in Australia who is a qualified instructor of Mindfulness Based Stress Reduction through the University of Massachusetts. She is founder of Mind and Movement WA (www.mindandmovement.com.au).

April Revision Program

The ATARget April Holiday Courses consists of two distinct programs.

1. The Middle School classes focus on establishing sound study skills as well as reinforcing students’ knowledge of the learning areas of English, mathematics and science.

2. The WACE and ATAR programs aim to prepare students for first semester exams.

Program includes:
- Naplan Preparation
- Study Skills
- Essay Writing
- Subject Revision
- Exam Preparation

Structure

The Middle School Program consists of 6.25 hours of teaching per subject broken up into 5 sessions of 75 minutes each.

The WACE and ATAR Revision and Exam Preparation Program consists of 10 hours of teaching per subject broken up into 2 hours a day for the 5 days. There is also an option to attend a five-hour study skills seminar that focuses on exam techniques and strategies. The essay writing program which also involves five hours of instruction re-teaches how to construct a sound thesis and topic sentences, and revises how to include evidence to justify these claims.

A Successful Program

Students attending holiday revision programs report that they feel more confident tackling assignments and are better prepared to sit their exams.

To view the students’ evaluations of our previous programs please consult the ATARget web site: www.atarget.com.au

Enrol Today

Simply complete the enrolment form and mail it to:
ATARget Education
PO Box 1734, West Perth 6872

Contact

For more information about any of our courses including the on-going Master Classes contact ATARget Education.

ATARget Education
P.O. Box 1734
West Perth 6872

Phone: 9486 1377
Mobile: 0488 102 907
Email: admin@atarget.com.au

www.atarget.com.au
remind:
School Development Day on
Monday 20th April 2015

APPLECROSS SENIOR HIGH SCHOOL
Links Road, Ardross, Western Australia  6153
T: 08 9314 9393   F: 08 9364 1832
Website: www.applecross.wa.edu.au
Email: axshs.email@education.wa.edu.au
Contents

- Principal's message
- Have Sum Fun Maths Competition 2015
- UWA : Exploring Engineering excursion
- Murdoch University / Applecross Academic Partnership
- Language Learning and Literacy Skills
- House Swimming Carnival 2015
- Upper School Badminton Tournament
- WA Champion Schools - Slazenger and Herbert Edwards Cups
- WA School Champions - The Mursell Shield
- Career Expo on Parent Teacher day
- A visit from Reigan Derry
- Year 8 River Cruise
- Year 7 and 8 Student Council Elections
- News from the Languages Learning Area
- Year 10 River Cruise
- Peer Tutoring – Back to attack!
- Uniform Shop - Trading Hours
- News from the Nurse
- Late to School Process
- Uniforms
- Entertainment Book Fundraiser - Music Support Group
- Volunteers Needed to Help Build Exciting Project and Partnership
- Term Dates
- School Development Days
- Parent Events
- Student Events

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School Development Day on Monday 20th April 2015
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School Development Day on Monday 20th April 2015

APPLECROSS SENIOR HIGH SCHOOL
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Website: www.applecross.wa.edu.au
Email: axshs.email@education.wa.edu.au

important dates

Term Dates

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<thead>
<tr>
<th></th>
<th>STUDENTS</th>
<th>TEACHERS</th>
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<tbody>
<tr>
<td>Term 1</td>
<td>Mon 2 February to Thurs 2 April</td>
<td>Thurs 29 January to Thurs 2 April</td>
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<tr>
<td>Term 2</td>
<td>Tues 21 April to Fri 3 July</td>
<td>Mon 20 April to Fri 3 July</td>
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<td>Term 3</td>
<td>Tues 21 July to Fri 25 September</td>
<td>Mon 20 July to Fri 25 September</td>
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<tr>
<td>Term 4</td>
<td>Tues 13 October to Thurs 17 December</td>
<td>Mon 12 October to Fri 18 December</td>
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School Development Days

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<tr>
<th></th>
<th>Mon 20 April</th>
<th>Mon 20 July</th>
<th>Mon 12 October</th>
<th>Fri 18 December</th>
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Parent Events

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<tr>
<th></th>
<th>Mon 30 March</th>
<th>Parent Teacher Interviews (school dismissal at 1:00pm)</th>
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Student Events

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<thead>
<tr>
<th></th>
<th>Mon - Fri 23 - 27 March</th>
<th>Assembly Week</th>
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<tr>
<td></td>
<td>Wed - Thurs 26 - 27 March</td>
<td>School Photos</td>
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<tr>
<td></td>
<td>Fri 27 March</td>
<td>Year 12 School Ball</td>
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<td></td>
<td>Sat 28 March</td>
<td>Special Art Workshop</td>
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